Providing the latest dish on School Health and Nutrition News and Information

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#### "Scoops"

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# From the State Director and State President's Desk

Welcome back! This school year the Arizona Department of Education is excited about increasing our partnership with the School Nutrition Association of Arizona (SNAAZ) to provide the optimal nutritional environment for Arizona's children. Not only are the two organizations working hand in hand to bring you, our sponsors, a terrific fall SNAAZ conference, but also in creating a united front in our efforts to make Arizona a shining example of the best in school health and nutrition.

As the new SNAAZ president, I look forward to developing partnerships with local and national organizations. I invite you to join us in our efforts to provide opportunities to improve our child nutrition food service programs by becoming a member of SNAAZ. Visit the SNAAZ website at: http://www.snaaz.org to join.

The Arizona Department of Education is committed to providing the best in educational opportunities to our sponsors in order to help them achieve their professional goals. We are offering a new format for our school lunch trainings now titled: *A+ School Lunch Workshops*. Various topics are broken up into seven separate modules that you may attend. You no longer need to spend two whole days at trainings if you only need instruction in one area. Just sign up for the modules that best fit your individual training needs.

ADE has also been proactive in providing the most up to date HACCP instructions. A series of HACCP classes were offered this past spring and a follow-up series will continue into the fall. We have taken the mystery out of HACCP and enabled you to understand and implement this new requirement into your school food service operation.

In addition to the new HACCP trainings, ADE will also be bringing you a series of Wellness seminars titled *Tools for Healthy Schools*, which is designed to help prepare you for the new Wellness Policy requirement that will take effect next summer. Come join us for these informative and helpful trainings and you will be right on track for the 2007 school year.

What an exciting time to be a part of the school nutrition profession. With the combined efforts of the Arizona Department of Education and the School Nutrition Association of Arizona, this year could prove to be one of the most successful years for promoting optimal school health and nutrition. Best of luck to each of you and we hope to see you all at the many training opportunities offered by both ADE and SNAAZ.

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School Nutrition Association of Arizona

Circulate to: ☐ Principal ☐ School Nurse ☐ Health Teacher ☐ Kitchen staff ☐ Business Manager ☐ Secretary/Bookkeeper

# Need Help? Free On-Site Training!

Is your school nutrition staff in need of training, yet you cannot make it to one of the ADE sponsored trainings? Well, we have some exciting news for those of you who fall into this category. The Health and Nutrition team at the Arizona Department of Education is now offering on-site trainings to qualified sponsors. These FREE trainings will be made available with the following conditions:

- 20 attendees minimum
- 30 days advance notice
- Classroom setting location provided

Come learn the most current information from the experts who regulate the National School Lunch Program. Best of all, these trainings are FREE to you, our sponsors. Just let us know what area you need us to cover:

Introduction to NSLP

Certifying Eligible Students

Verifying Students Eligibility

Counting and Claiming

Component Menus

NuMenus

Provision 2 & 3

Just give us a call at (602) 542-8700, ask for a Health and Nutrition Specialist and let us help you make your food service operation the best it can be.

# New HB2544 Arizona Nutrition Standards for K - 8 Schools

The Arizona Department of Education has a team of Registered Dietitians that will be releasing *The Arizona Nutrition Standards*, required by House Bill 2544. The bill was passed in April 2005 and will require all schools participating in the National School Lunch Program (NSLP) to implement the guidelines before the start of the 2006-2007 school year.

The Arizona Nutrition Standards will be designed to assist schools, parents, and communities in providing a healthy model of living. As a result, we hope to see a reduction in the overwhelming numbers of childhood obesity, pre-diabetes and premature heart related diseases that plague our children

The bases of the "Arizona Nutrition Standards" will be derived from the US Dietary Guidelines for Americans and policies that other states have implemented.

These new standards will affect all foods sold in vending machines, snack bars, and the school stores which operate during school hours.

The "Arizona Nutrition Standards" will be posted on www.ade.az.gov/health-safety and sent out to all Local Education Agencies (LEAs) on **August 15**<sup>th</sup> for a 60 day comment period. Comments maybe written or e-mailed to the Department of Education. For further information please visit the web site www.ade.az.gov/cnp or call 602-542-8700.

### **Slow Food. Slow Schools- A New Twist to School Lunch**

Chef Alice Walters, restaurateur, declared a 'Delicious Revolution' last month that calls for a school lunch program that connects schools to farms with an end result of getting children to eat better and understand agriculture. While the farm to cafeteria movement is not a new concept, Chef Walters wants to take it one step further, promoting a 'slow school' eco-gastronomic movement that celebrates diversity, tradition, and promotes their community by allowing room for discovery and room for paying attention to the details during their meals at school.

In her testimonial, 'Slow Food, Slow Schools' Chef Walters stated the way to turn public schools into 'slow schools' can be done, as proved by The Edible Schoolyard at the Martin Luther King Jr. Middle School in Berkeley, California. The public middle school with 1,000 students had no cafeteria, as it had been shut down due to lack of space to accommodate the large group. It also had a large schoolyard covered completely with asphalt. Members of the community and the school decided to create an edible landscape. The students are responsible for planting and caring for the garden plants. Once the fruits of their labor are ready for the picking, the students prepare, serve and eat together the produce they had grown. All these activities are woven into the curriculum and are part of the school day. "Learning is supposed to be a pleasure, and food-centered curriculum is a way to reach kids in a way that is truly pleasurable."

Chef Walters believes that if every school had a lunch program that served students only locally grown products that had been sustainably farmed, she can only imagine what positive outcomes it would have for agriculture. In addition, in an effort to combat the skyrocketing rate of childhood obesity, she states schools need to respond by bringing locally and organically grown nutritious food back into the cafeteria and into the classroom. She states "when the hearts and minds of our children are captured by school a school lunch curriculum, enriched with experience in the garden, sustainability will become the lens through which they see the world."

To view Chef Walters 'Slow Food, Slow Schools' in its entirety, view www.edibleschoolyard.org/alice message.html.



# Congratulations CRE and SMI Nominees

The Arizona Department of Education is proud to announce the following sponsors for the 2004-2005 School Meal Initiative (SMI) and Coordinated Review Effort (CRE) awards. We have seen a substantial increase in nominees this year as our schools continue to improve in compliance with regulations. Congratulations and good luck.

#### **SMI AWARD NOMINEES**

Amphitheater Unified School District
Arizona Child Home
Benson Unified School District
Casa Grande Elementary District
Cottonwood Day School
Immaculate Conception School
Lukachukai Community School
Paloma Elementary District
Paradise Valley Unified School District
Peoria Unified School District
Prescott Unified School District
Somerton School District
Washington Elementary District

#### **CRE AWARD NOMINEES**

Agua Fria Union High School District **Amphitheater Unified District** Arizona Children's Home Benson Unified District **Bouse Elementary District** Casa Grande Elementary District Cottonwood Day School Eloy Elementary District Fowler Elementary District **Humboldt Unified District** Littleton Elementary District Lukachukai Community School Mesa Unified District Paradise Valley Unified District Peoria Unified District **Prescott Unified District** Washington Elementary District

Please visit www.ade.az.gov/health-safety/cnp/nslp/ to view the award winners and nominees from the past two years.

CALENDAR OF EVENTS			
Date	Health & Nutrition Services Trainings	Location	Time
A+ School Lunch Workshops (NSLP)			
9/21& 11/9/05	Introduction to NSLP: Module 1	Phoenix	8:00-10:00
9/21& 11/9/05	Certifying Eligible Students: Module 2	Phoenix	10:15-12:15
9/21& 11/9/05	Verifying Students Eligibility: Module 3	Phoenix	8:30-11:30
9/21& 11/9/05	Counting and Claiming: Module 4	Phoenix	3:45-5:00
9/22&11/10/05	Commodity Foods	Phoenix	8:00-11:00
9/22&11/10/05	Component Menus	Phoenix	12:15-2:30
9/22&11/10/05	NuMenus	Phoenix	2:45-5:00
9/13/05	Introduction to NSLP: Module 1	Yuma	8:00-10:00
9/13/05	Certifying Eligible Students: Module 2	Yuma	10:15-12:15
9/13/05	Verifying Students Eligibility: Module 3	Yuma	8:30-11:30
9/13/05	Counting and Claiming: Module 4	Yuma	3:45-5:00
9/14/05	Commodity Foods	Yuma	8:00-11:00
9/14/05	Component Menus	Yuma	12:15-2:30
9/14/05	NuMenus	Yuma	2:45-5:00
8/31/05	Introduction to NSLP: Module 1	Tucson	8:00-10:00
8/31/05	Certifying Eligible Students: Module 2	Tucson	10:15-12:15
8/31/05	Verifying Students Eligibility: Module 3	Tucson	8:30-11:30
8/31/05	Counting and Claiming: Module 4	Tucson	3:45-5:00
9/1/05	Commodity Foods	Tucson	8:00-11:00
9/1/05	Component Menus	Tucson	12:15-2:30
9/1/05	NuMenus	Tucson	2:45-5:00
8/30/05	Provision 2 & 3	Tucson	1:00-4:30
11/10/05	Contracting with FSMC	Tucson	8:30-12:00
9/30/05	Provision 2 & 3	Phoenix	1:00-4:30
10/13/05	Contracting with FSMC	Phoenix	8:30-12:00
10/27/05	Contracting with FSMC	Flagstaff	1:00-4:30
Professional Development Opportunites			
8/25/05	Preparing for your NSLP Review	Phoenix	9:00-12:00
10/18/05	Preparing for your NSLP Review	Phoenix	8:00-12:30
9/14/05	SUCCESS	Phoenix	8:30-12:30
10/19-20/05	Serving it Safe	Phoenix	9:00-3:00 both days
10/28-29/05	SNAAZ Fall Conference	Phoenix	www.snaaz.org

Register on line for all ADE Classes at: http://www.ade.az.gov/onlineregistration

# Welcome Back to Food Distribution!

Food Distribution would like to welcome all NSLP sponsors to the 2006 school year! As the school year begins, ADE would like to welcome Barbara Lado as the new member of the Food Distribution Team. Barbara comes with 16 years experience as a Food Service Coordinator at schools in Arizona! Barbara will be handling all allocations, monthly verification reports, losses and surplus. Her vast background in the National School Lunch Program and with USDA commodities will be a wonderful addition to the Food Distribution Team.

As each sponsor is approved on the NSLP, a Welcome Back Packet will be mailed to explain the procedure for getting started on the Food Distribution Program. If your school is new to the Food Distribution Program, you will be required to attend a Food Distribution overview training. In addition, new individuals who will be ordering commodities for their school must attend a Food Distribution web-based training in order to gain access to the online ordering system. Every individual who will be using the on-line system must have their own user-id and password. The Welcome Back packet will provide sponsors with on-line registration information.

Each sponsor has been allocated their "fair share" of entitlement to use for the 2006 SY. The "fair share" entitlement will be what sponsors use to order commodities. Sponsors can view their fair share on-line at www.ade.az.gov/cnp2000. Trucks are already being delivered and approved sponsors on the Food Distribution Program should begin looking at their allocations as soon as possible. We look forward to working with you this school year to help you receive delicious and nutritious commodities to supplement your NSLP!

# **HACCP Update**

Coming this fall is ADE's HACCP Training Phase 2, "The New HACCP Requirements, Are You On Track?" This training is designed to assist LEAs with implementing their food safety program based on the Process Approach to HACCP Principles. If you were unable to attend Phase 1 training, "The New HACCP Requirements", please visit the NSLP Website under "What's New", to review information and handouts training: the www.ade.az.gov/healthsafety/cnp/nslp/ newmandate.asp

Also on June 10, 2005, USDA sent all LEAs copies of their new resource called *Guidance for SFAs: Developing a Food Safety Program based on the Process Approach to HACCP Principles.* This new guidance is also available on the NSLP website.

The following is a schedule for Phase 2 Training, for which you may register online at w w w . a d e . a z . g o v / onlineregistration.

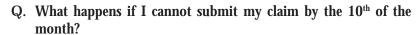
Date Location
October 26 Phoenix
October 31 Phoenix
November 8 Yuma
November 10 Tucson
November 15 Flagstaff



## **FINANCE FREQUENTLY ASKED QUESTIONS**

#### Q. When are claims due?

A. Claims are due on the  $10^{th}$  of the month following the claim month. If the  $10^{th}$  falls on a weekend or State holiday, the claim is due the first working day after the  $10^{th}$ .



**A.** If you are experiencing computer related problems, submit your claim as soon as possible after the 10<sup>th</sup>, the payment will be processed in the next payment processing.

#### Q. Are there any other options instead of submitting claims online?

A. The Health & Nutrition Office does not accept claims in any form other than online. If you are experiencing problems submitting your claim, contact the Health & Nutrition office at (602) 542-8700 and ask to be connected to the Finance Department of NSLP.

#### Q. When will I receive my payment?

A. Payments are mailed within 10-15 days after the "*Submitted to Accounting*" date on the claims index page. Call the Payment Information line at (602) 542-5300 to find out the actual mail date of claims.

#### Q. How much is my payment?

**A.** To determine the amount of the check and the claim month(s) included, click the "View Payment Summary" link and then click the month and year the check was issued.

#### Q. How can my organization receive direct deposits?

A. Direct deposit, also known as ACH payments can be requested by contacting the Health & Nutrition office to obtain the required form or by going to the General Accounting Offices website at http://www.gao.state.az.us/vendor/ and downloading the ACH form. If you go directly to the GAO website, please notify the Health & Nutrition office of the request for ACH.

#### Q. When do reimbursement rates change?

**A.** Reimbursement rates change annually on July 1<sup>st</sup>. The Health & Nutrition office is notified of the new reimbursement amounts during the second week of July. The new rates are posted on the Department of Education website.

#### Q. How do I obtain a Common Logon account?

A. Common Logon accounts can be requested through the Health & Nutrition Office. You must complete a Common Logon User Agreement and it must be signed by an authorizing official. Food Service Management Company employees and consultants cannot have a common logon account issued to them.



# SMI Success

# 5 Keys to Ensuring Success on your School Meals Initiative Review

## MENU

MUST be detailed and include exact items that will be served for the day.

## **PRODUCTION RECORDS**

**MUST** maintain for every meal served and include:

- Menu items and recipes used
- Projected number of portions and serving sizes for each grade group and adults
- Total amount of food prepared
- Actual number of reimbursable meals served for each grade group
- Actual number of non-reimbursable meals served

## STANDARDIZED RECIPES

MUST maintain for all multi-ingredient menu items and include:

- Yield: Include serving size and number of servings
- All ingredients including form (fresh or frozen)
- Specific ingredient information such as: Low fat, fat free, % fat and low sodium
- Correct measures, weights, and/or pack size
- Preparation procedures

# **NUTRITION FACTS LABELS**

MUST maintain for all non-scratch cooked items.

Academic Achievement Division Health and Nutrition Services Unit School Health and Nutrition Programs

602-542-8700

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